

# FORTUNE LAKE LUTHERAN CAMP

138 Fortune Lake Camp Rd Crystal Falls, MI 49920

# 2024 INTERGENERATIONAL CAMP GUIDE

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Welcome! We are excited that you and your family will be joining us this summer at Fortune Lake Lutheran Camp (FLLC)! We are eager for you to arrive and are busy preparing to make your family's time here an engaging, enriching, and memorable experience. We are committed to providing a safe experience for each and every individual. This informational guide is your best resource in preparing you and your family for camp at FLLC. Included you will find information about:

- Lodging
- Arrival and Departure Times
- Camp Registration Fee
- Cancellation Policy
- Health & Medical Information
- Cell Phone Use

- Special Program Elements
- Canteen Store Information
- Miscellaneous Information
- Packing List

Please review this camp guide and save it for future reference. If you have any additional questions that are not answered here, please contact us at officemanager@fortunelake.org. We are happy to help!

### INTERGENERATIONAL CAMPS - PROGRAM INFORMATION

Intergenerational Camp programs are based on the concept of community, where Christian families (of any definition) gather to play and worship together in a beautiful and safe environment. Our programs are directed by a full-time camp professional and trained summer staff. We know that when we mix activities with the daily opportunities for you to relax, God will renew your spirit and encourage your faith.

In the mornings after all-camp chapel, Bible study will be provided with separate sessions for adults and small age-appropriate breakout groups for children. Afternoons will be filled with freetime activity choices, plenty of outdoor play, waterfront time, and arts-n-crafts. Activity options for each day will be provided to you when you arrive to camp at check-in.

There may be limited opportunities for afternoon childcare for napping children as well as evening babysitting. This allows caregivers time to refresh and participate in other activities with a spouse or older camper. As a Lutheran camp, our community also offers daily chapel and Bible Study for all ages, and encourages families to grow together in faith through song, skits, and God's word.

### LODGING INFORMATION

Lodging varies at FLLC. Each family will be assigned to a lodge, duplex, or Villager cabin, based on their program and registration selection. Lodging options may fill up based on when registrations are received. See <a href="http://fortunelake.org/retreats-rentals/facility-rental/">http://fortunelake.org/retreats-rentals/facility-rental/</a> and <a href="http://fortunelake.org/retreats-rentals/camp-tour/">http://fortunelake.org/retreats-rentals/camp-tour/</a> for lodging option pictures/descriptions. Those selecting a lodge will have linens and bedding included as part of their registration fee; while bath towels are provided, you MUST bring your own beach towels for waterfront/sauna use. Those in duplexes or cabins must plan to bring bedding (sheets/blankets/sleeping bags/pillows as you desire) and towels (both bath and for use at the beach). It is recommended that you bring a fan along, as not all lodging options may have these provided. Families with young children should plan accordingly. Camp does not have portable cribs or bed guard rails. Camp has limited booster seats / highchairs; if able, we encourage you to bring your own.

## **CAMP ARRIVAL & DEPARTURE**

Camp <u>check-in</u> is between 3:00-4:30 pm (Central Time) on the scheduled start date of your program:

Directions to camp can be found online at fortunelake.org. When you arrive, staff will greet you, guide you to parking, and give you further instruction.

1. Campers may need to provide proof of a negative rapid COVID-19 test result depending on community spread at the time. You will be notified ahead of time if this is expected.

2. Check-in will occur outside of the chapel (or inside of the chapel in inclement weather).

**After check-in there will be a MANDATORY** waterfront/camp orientation for everyone <u>at the beach</u>. All families are required to attend this important safety orientation. An all-camp welcome and dinner will be provided that evening. If you will NOT be able to arrive on time for check-in, please notify the camp office in advance.

<u>Departure</u> is at 11:30am CT on your final day after breakfast, morning activities/packing, and the 10:30 closing chapel service.

### **CAMP REGISTRATION FEE**

A *non-refundable deposit* is required at the time of registration.

**Discounts** taken on your registration will be audited for accuracy and eligibility (see website for full details regarding each session's eligibility); discounts are voided if account is not paid in full by the June 1<sup>st</sup> due date.

If you anticipate receiving a *church scholarship* and have not yet sent the signed form to FLLC, please get it approved by your church office and send a signed copy to FLLC as soon as possible. You are responsible for ensuring that this scholarship is also submitted by the due date to reserve your family's space. If the scholarship will not be submitted to camp by June 1<sup>st</sup>, you are responsible for paying the full registration fee to camp on time, and seeking reimbursement of the scholarship amount directly from your church.

Your final registration balance is due <u>by June 1<sup>st</sup></u> (or at time of registration if registering AFTER June 1<sup>st</sup>). Contact officemanager@fortunelake.org or call the office with any questions.

**CANCELLATION POLICY** - Please contact FLLC if a scheduling conflict arises with your camp session. We will work within our means to switch your session to accommodate your schedule. A camper's deposit and payment can be transferred to attend another camp session but are non-transferrable to another camper.

In the event you need to cancel your session at FLLC, please contact us immediately. A refund based on payments received less the deposit will be granted. **If cancellation occurs less than 2 weeks before the camping session, no refund will be granted.** Your deposit is non-refundable except for the following reasons:

- 1. A medical condition or death in the family prevents the camper from participating in the program. A written excuse from the camper's physician may be requested.
- 2. Camper tests positive for COVID-19 prior to arrival and a suitable alternative camp program is not available. Should symptoms appear while at camp and camper tests positive, refunds will be prorated based on the number of nights camper was on-site.
- 3. FLLC cancels the camp session and cannot find a suitable alternative. A full refund will be issued based on payments received.

We will not prorate fees for late arrival or for attending partial weeks. Departure from the camp program due to homesickness or dismissal for behavior problems is non-refundable.

## **HEALTH AND MEDICAL INFORMATION**

**Health History Form** - To complete your registration for camp, the *Intergenerational Registration/Health History/Release* forms, for all adults and children registered, must either be completed online or downloaded from the website and returned to the camp office with all required information. This submission allows our Health and Food Service Staff to best prepare for each session. Sharing detailed medical and/or personal information with us about your family will help our staff provide quality care and is required by the State of Michigan. All information provided will be shared on a *need to know* basis with appropriate staff and held in strict confidence. <u>If medical or health information changes prior to the start date of the session, please contact the office for instructions.</u>

**Medical Services** - FLLC has a Health Officer trained staff member onsite and in Vagland at all times for health needs and over-the-counter medication distribution. Routine First Aid will be provided by the Health Officer or Vagland Coordinator, or a camp staff member certified in First Aid/CPR, as needed. Camp will be in immediate contact with you should there be a serious medical concern, illness, or incident. If medical problems occur, FLLC uses the local clinic and hospital in Iron River to treat medical conditions or accidents. Medical expenses will be billed to you through these entities. FLLC does not carry medical coverage for campers.

**Medications** - Families are responsible for the storage, security, and administration of their own medications. You are expected to ensure the safe storage of medications so that they are not available to anyone other than the intended recipient. We stock standard over the counter (OTC) medications for cold symptoms, minor aches and pains, etc. Do not pack these medications unless someone in your family uses OTC medications DAILY.

**Food Allergies and Special Medical Needs** - Camper families are fed well-balanced meals. Our Food Service Staff are familiar with dietary needs. *If someone in your family has a food allergy or needs special accommodations, please list those needs on their Health History Form.* In addition, *please contact the Camp Director at least two weeks before your week of camp to discuss the particular needs.* If you have questions about our ability to work with your family's needs, please don't hesitate to contact us. Please note that families may choose to bring supplemental food items with them to camp. Some of our lodging options have a common area with a refrigerator to store cold food items; space may be limited. *Due to the severity of food allergens, we ask that you refrain from bringing any peanut/tree nut products to camp with you*. We are eager to assist in the planning for a successful and well-fed camp experience for your entire family.

## **CONNECTING WITH YOUR FAMILY & FRIENDS**

**Mail** - There is nothing better than a letter from home when you are away at camp. Please make sure your mail will arrive by Wednesday if your family is attending a full week of camp. Due to the rural nature of our mail service, we strongly discourage the mailing of packages to camp. Intergenerational campers can mail letters or postcards out from camp, so feel free to bring pre-addressed, stamped envelopes with you and share the experiences you are having at camp with your family and friends!

**CELL PHONE USE** - During youth camp, campers are NOT allowed to bring cell phones to camp. We understand that cell phones provide parents and children with security and comfort of unimpeded contact anytime, anywhere. We also understand that as a family unit, you are responsible to create your own boundaries and restrictions while at camp. We simply request that you keep your cell phone settings on silent and restrict usage to locations that are away from family activity and meal times. Cell phones are expensive and can get lost, stolen, or broken. The success of your camp experience is largely built on the fact that people come to camp, away from the demands and distractions of the outside world, to build intentional Christian community. The use of cell phones is a distraction and often campers do not focus their energy and attention on building community. We encourage you to limit your use of cell phones while at camp. As is, our cell phone coverage is extremely limited.

### SPECIAL PROGRAM ELEMENTS FOR FAMILIES

All camp programs and activities are designed to enhance the camper experience. Some of our programs involve giving families an opportunity to step outside of their comfort zone.

**Tube Trips** - Families may participate in tube trips on a river near camp, dependent on weather and river conditions. Each camper is taught basic rules and is outfitted properly with a life vest. Campers must be at least 10 years old unless accompanied by a parent or guardian. **Campers are required to wear old tennis shoes, water shoes, or sandals with backs on them**. Campers are accompanied by trained lifeguards who are familiar with the river. On all trips a staff member carries a first aid kit as well as a cell phone to ensure contact with appropriate authorities in the event of an emergency.

**Canoe Trips** - Families may participate in canoe trips on Fortune Lake. Prior to each trip, campers are taught basic canoe skills. Each camper is outfitted properly with a life vest and paddle. Campers must be at least 14 years old unless accompanied by a parent or guardian. Campers are accompanied by trained lifeguards who are familiar with the lake, as well as a cabin leader. On all trips a staff member carries a first aid kit as well as a cell phone to ensure contact with appropriate authorities in the event of an emergency.

## CANTEEN AND ON-LINE CAMP STORE INFORMATION

All family units put their funds into a canteen account (these funds may be turned in at your camp check-in time or submitted online upon registration) and a record of purchases is kept. Our canteen includes snacks, beverages, apparel and a variety of assorted merchandise. Campers attend the canteen once daily and items may be purchased at that time. Food and beverage items range between \$2-\$3. Apparel and merchandise range from \$1-\$40. We have an online camp store that can be accessed by visiting our website: fortunelake.org. All online orders will be shipped, so please ensure at least a week between ordering and arrival in order to receive your package in time.

Families are directly responsible for placing limits on consumable items purchased by children each day. The average weekly spending allowance is \$30-\$35 per family member, on a family canteen account. **New for 2024**: No refunds for canteen accounts. Balances remaining on your canteen account at the end of the week will be considered donated and you will receive a receipt for your donation as well as a record of your purchases. This is to keep us compliant with best financial practices. We will make every effort to have the canteen open at check-in and check-out to allow for purchasing of apparel and other larger items.

## **MISCELLANEOUS INFORMATION**

**Pets** - Except for **pre-approved** service animals, guests are not to bring pets onto camp facilities. If your pet must accompany you to camper drop-off or pick-up, plan ahead in order to walk them PRIOR to arriving at camp, and leave them in your vehicle while on site. Please be respectful of camp grounds, and others who may have allergies or aversion to pets.

**Guests** - FLLC is private property and is closed to the general public. If you would like to have a guest visit you while at camp, please seek approval from the Camp Director prior to their arrival.

**Boats & Motorized Vehicles** - Canoes & water skates are available to our guests. Launching or docking private boats at our docks is not allowed due to safety and insurance reasons. There is public access to the lake at Bewabic State Park (Recreation Passport required). No motorbikes, ATV's and other motorized vehicles are allowed on camp property.

**Alcohol & Drugs** - All camp facilities have been declared alcohol, tobacco, and drug free environments for our guests during summer programming. Any camper possessing or using tobacco products, alcohol, marijuana, vape pens, or drugs will be subject to immediate dismissal from camp with no refund.

**Lost & Found** - Please make sure that all personal items of your family are clearly marked with your name, and double-check that you have everything prior to your departure from camp. We retain a lost & found bin until September 1; after that time unclaimed items will be donated or discarded. **Camp staff is not responsible for locating and returning items left behind.** 

**Tips & Gratuities** - The services we provide are part of our ministry. Please do not offer tips or gratuities to our staff. As an alternative, consider a donation to FLLC in honor of a staff member.

**JOIN US ONLINE** - Check out our website for current news and information regarding camp programs during the summer and retreat season. Follow us on Instagram & Facebook, where we post pictures of camp, inspiration, and a variety of information as we are able.

## **PACKING LIST**

- Bible
- Money for the Camp Store
- Notebook & pen/pencil
- Families in Cabins/Duplexes: sleeping bag (and/or fitted twin sheets) & Pillow (Grace/Emanuel guests: bedding and pillow is provided in your room)
- Towels (bath, washcloth and beach)
  (Grace/Emanuel guests: 1 regular towel, hand towel, and washcloth will be provided for each family member; please bring your own beach towels. Camp towels are not for use at the waterfront.)
- Flashlight & extra batteries
- Personal Toiletry items
- Warm & cool weather clothes
- Pajamas

- Jacket
- Rain gear
- Underwear and socks for each day
- Swimsuit
- Water bottle (labeled with name)
- Old Tennis shoes/water shoes or sandals with backs (for tube trips)
- Sunscreen
- Insect repellent
- White shirt for tie dying (tie dye shirts are also for sale in canteen)
- Prescription medicine that will be needed during time at Camp; bring just enough for your time at camp in original container.

## **OPTIONAL ITEMS:**

- Lawn Chairs
- Games for rainy days and nighttime
- Camera
- Stationary, stamps, envelopes

- Guitar/musical instruments
- Fans
- Drying rack (to hang up wet clothing and towels)
- Portable crib/bed guard rails
- High chairs or booster seats

### DO NOT BRING:

Any restricted items brought to camp will be taken away and stored until after camp ends. Any camper possessing or using tobacco products, alcohol, drugs or weapons will be subject to immediate dismissal from camp with no refund. The camper's family will be responsible for providing or arranging transportation home. Please check all your camper's belongings and remove any questionable items.

- Personal electronic devices computers, e-readers, etc
- Fireworks
- Weapons, including pocket knives

- Pets
- Extremely valuable items
- Tobacco products, vape pens, drugs or alcohol

Fortune Lake Lutheran Camp is not liable for the damage, loss, or the return of any personal property. Be sure you have everything with you before departure.