



## Updated COVID-19 Policies for Retreats & Rentals 2022-23 at Fortune Lake

These policies and procedures have been developed using the guidance of the American Camp Association (ACA), the Centers for Disease Control (CDC), and the Michigan Department of Health and Human Service (MDHHS), in consultation with the Dickinson-Iron District Health Department (DIDHD) and local medical professionals. These policies are subject to change as new information and best practices become available. Additionally, we will keep a close watch on the CDC County Tracker for COVID-19 for the counties from which our guests are coming. This data will help us determine when COVID-19 protocol can loosen and when it needs to be reevaluated. The health and safety of our camp community at Fortune Lake Lutheran Camp (FLLC) and our guests' home communities remain our highest priorities.

**ALL RETREAT PARTICIPANTS IN FORTUNE LAKE SPONSORED RETREATS WILL BE EXPECTED TO COMPLY WITH THE FOLLOWING PROTOCOL. WE STRONGLY RECOMMEND THAT RENTAL GROUPS IMPLEMENT THE SAME PRACTICES TO PROTECT THEMSELVES, THEIR PARTICIPANTS, AND OUR STAFF.**

### Vaccinations:

Benefits of vaccination include reduced infection rate, reduced transmission rate, reduced likelihood of severe COVID symptoms leading to hospital and/or death, and the removal of the quarantine requirement if an exposure occurs. These benefits would allow FLLC to serve more guests, operate our full program, and help to maintain the health and wellbeing of our guests, staff, and their home communities.

- **All people who visit, attend, provide services for or otherwise enter our property are strongly encouraged to be fully vaccinated against COVID-19 unless otherwise advised by their physician.**
- All program staff who lodge with guests will be required to be fully vaccinated.
- All hourly staff will be strongly encouraged to be fully vaccinated. If any staff member chooses not to, they may be subject to additional testing and mitigation protocol.
- All campers and staff who are eligible to receive a COVID-19 booster are encouraged to do so at least two weeks before the retreat or rental session begins.

### Testing:

COVID-19 testing continues to play an important role in surveillance and early detection. It can identify cases before individuals become symptomatic, as well as rule out or confirm COVID in those who have symptoms.

- **All retreat attendees will be required to submit proof of a negative at-home rapid test done within 24 hours of their arrival.** An electronic photo will serve as proof.
  - In the instance that guests are unable to access a rapid test, they may have one performed at Fortune Lake upon arrival. Please plan to arrive 15 minutes prior to your scheduled check-in time to accommodate for the testing process.
- FLLC has been able to secure rapid COVID tests that will be administered as needed throughout the duration of retreats and rentals including in the following situations:
  - At check-in when retreat guests are not able to secure a test on their own (see above).
  - For guests or staff who present with one or more COVID-19 symptoms.
  - For guests or staff who have experienced a probable COVID exposure.
- If a guest has recently recovered from COVID-19 (within 10-90 days), a certificate of recovery from a medical professional will be accepted and will waive their requirement to submit proof of a negative test result.
- All tests administered by FLLC will be reported to the State of Michigan as required by law.
- If a test is positive, the individual will be sent home as soon as possible. They will be properly cared for in an isolated location while they await transport. Caregivers will be advised to seek additional PCR testing and to follow up with their physician.

**Guests:**

- FLLC is private property and is closed to the general public.
- Only vendors with prior arrangements whose service is necessary for operations will be permitted on site, and masking and social distancing measures will be enforced.
- All guests must be registered and must check-in upon arrival using the procedures outlined in their welcome materials. When in question, please call the camp office to verify.
- Guests must self-monitor for symptoms of COVID-19 before, during and after their stay. Any changes in health status must be immediately reported to FLLC staff.

**Guests:**

- Guests considered higher risk for developing complications from COVID-19 may be asked to secure physician approval prior to participation.
- Prior to arrival, any retreat guests who have been in close contact with anyone who has been diagnosed with, tested for, or quarantined as a result of COVID-19 are asked to contact the office as soon as possible. Rental guests are asked to contact their group coordinator.
- Youth retreatants will be dropped off and picked up according to the procedures and schedule outlined in the welcome material. The schedule will be developed to limit exposure. A health screening will occur at check in.
- Youth attendees will be placed in cabin groups/pods of 5-10 campers plus 1-2 staff members. When necessary, camper pods will be made up of campers from the same community/region. Pods will stay together throughout the day, partaking in camp activities and meals as a group.
- Intergenerational attendees will lodge and eat with their households/pods.
- Guests will wash or sanitize hands before and after activities, when entering new spaces, after using the restroom, before eating, after touching frequently touched surfaces, after using common/shared items, and after coughing, sneezing, or blowing their nose.
- Guests will keep their personal belongings in their designated area. Caddies or clear labeled zipper bags are required for toiletries.
- Guests are asked to continue to monitor symptoms for 10 days after leaving camp. If symptoms develop or if the guest receives a positive test result, please notify FLLC. Contact tracing will take place if/when appropriate.

**Physical Distancing and Masks:**

- Whenever possible, activities, meals, and group interaction will occur outside.
- When inside a building where people outside of a retreat guest's pod/household are gathered:
  - If the CDC County Tracker indicates green (low risk) masks will not be required
  - If the Tracker indicates yellow (medium risk) or red (high risk), retreat guests and staff will be required to wear a mask that covers their mouth and nose. To combat the Omicron and other highly contagious variants, KN95 masks are preferred, but disposable surgical masks will be acceptable.
- Masks will not be required for eating, sleeping, showering, or brushing teeth or for anyone age 2 years or younger.

**Staff:**

- Staff will self-monitor for possible exposure and symptoms of COVID-19 and will stay home if direct exposure has occurred or symptoms arise.
- Staff will maintain appropriate physical distance and will wear face masks in accordance with current guidelines.

**Cleaning:**

- FLLC Staff are trained in the highest standards of cleaning and disinfection according to the ACA and CDC recommendations, and all cleaning and disinfecting products are within these standards and are EPA approved.
- All housekeeping staff wear gloves, masks, and eye protection while cleaning and disinfecting.
- Duties include vacuuming, sweeping and mopping, wiping all surfaces and applying disinfectant, and cleaning all high touch surfaces.
- Guests are encouraged to open windows when weather permits and to use fans to increase air circulation.

**Food Service:**

- Food service staff will wear appropriate protection – including gloves and aprons, and when necessary, masks – while preparing food.
- Guests will eat with their cabin group/pod at their assigned table.
- Occupancy of the dining hall may be limited. Guests will eat outside when possible.
- Everyone will wash or sanitize their hands prior to meals and snacks.
- Care will be taken during food distribution. Protective measures include service by staff, washing/sanitizing hands prior to self service, and reducing the number of people getting food at one time.

**Activities:**

- Activities will occur outdoors whenever possible, and masking and physical distancing may be implemented (see “Physical Distances and Masks” above) when outdoor activities are not possible and guests are interacting with people outside of their pod, especially when community spread is considered to be medium or high risk..
- Cabin/family groups will participate in activities together. There will be opportunity for cabin/family groups to interact with others with an emphasis on outdoor activities and reliance on masks when indoors and physical distance cannot be maintained and community spread is considered medium or high.
- Sauna usage:
  - When community spread is low, the sauna is recommended for use by a single cabin group or family unit unless all participants are fully vaccinated.
  - When community spread is medium or high, the staff reserves the right to further limit the use of the sauna.

**Statement of Risk:**

Participation in FLLC camping and activities is at your own risk. A signed waiver must be on file for every person participating. FLLC is not liable for any COVID-19 exposure or health risk. Compliance with these policies is expected, and FLLC Staff reserve the right to ask people to leave the property for failure to comply.